AASM FOUNDATION

Healthier Lives *Through* Better Sleep

Our Mission

Promote discoveries that advance the understanding of sleep for healthier lives.

Our Vision for Society

Healthier lives through better sleep.

2021-22 Annual Report

President's Message



Anita V. Shelgikar, MD, MHPE
2020-21 President

Challenging times require us to work together in new ways to bring sleep research and career training opportunities to a broader, more diverse population. Our report illustrates how working together is enabling the AASM Foundation to build new partnerships with our peers, allowing us to make a greater impact on the field of sleep medicine and propel it into the future.

Snapshot of 2020 Achievements

February:
Debuted our new booth at the TRENDS meeting in Tampa, FL

April:
Launched a virtual Young Investigators Research Forum program

May:
Sweet Dreamzzz, Inc. received the inaugural Sleep Champion Award

June:
Anita V. Shelgikar MD, MHPE became the AASM Foundation's 13th President

August:
Sleep Research Program for Advancing Careers launched

November:

Social Media Highlights



2021-22 Updates and Achievements

Our strategic goals for improving clinical sleep research and sleep health

Goal 1

Improve Patient-Centered Sleep Care through High-Impact Research

Key Objectives

- Reduce gaps in knowledge that impact patient care
- Improve clinical practice, reimbursement and clinical practice guidelines
- Increase public knowledge

- Awarded $1.3 million in funding that address research gaps in the behavioral and psychological treatments for chronic insomnia disorder and high-impact research topics related to the American Academy of Sleep Medicine strategic plan.
- Launched a new grant collaboration with the CHEST Foundation to support research projects that advance sleep medicine and ultimately improve patient outcomes.
- Partnered with the Hypersomnia Foundation on a focused request for applications for the diagnosis and treatment of central disorders of hypersomnolence.
- 27 posters and oral presentations were presented at SLEEP 2021 about AASM Foundation-funded projects

Goal 2

Develop the Careers of Sleep and Circadian Investigators

Key Objectives

- Expand the pipeline of impactful sleep clinician scientists across the spectrum of sleep research domains Increase support for sleep researchers
- Increase the number of sleep research institutions

- Launched the Diversity Supplement Grant and announced the first three recipients.
- Awarded more than $500,000 in career development grants to support projects which will study a range of sleep disorders and bolster the careers of 7 early career sleep researchers.
- Created a researcher forum for early career investigators in the AASM Engage platform.
- Sponsored 21 early career investigators through the Sleep Research Program for Advancing Careers and Young Investigators Research Forum training programs.

Goal 3

Increase the engagement of current and potential stakeholders.

Key Objectives

- Increase engagement with an expanded network of stakeholders
- Increase network of financial supporters

- Held first corporate roundtable as we launched our new Corporate Support Program for companies interested in gaining exposure to members of the sleep medicine community while also expanding their philanthropic support of clinical research and the AASM Foundation's programs.
- Had exploratory meetings with the AMA Foundation, CHEST Foundation, Alzheimer's Association and the American Society of Metabolic and Bariatric Surgery to discuss opportunities for collaboration and cooperation.
- Launched new virtual activities such as Friendsgiving to update members of the sleep community on our 2020 program expansion.
- Announced Sweet Dreamzzz, Inc. as the inaugural 2020 Sleep Champion Award.

Building a Pathway for Sleep Research and Career Success

Whether you are just starting out, transitioning to a faculty position or an independent researcher looking to secure sleep research funding, the AASM Foundation has a variety of grants and training programs to help you every step of the way.

- Researchers
- Physicians
- Non-Profits
- AASM-Accredited Sleep Centers



Investigator-Initiated Grants

- **Strategic Research Grant Category II** — *All Levels*
- **Strategic Research Grant Category I** — *All Levels*
- **Strategic Research Grant Category III** — *All Levels*



Career Development Grants and Programs

- **Sleep Medicine Fellow Funding Grant** — *Training*
- **Young Investigators Research Forum** — *Training*
- **Sleep Research Program for Advancing Careers** — *Training*
- **Focused Projects Grant for Junior Investigators** — *Training*
- **Bridge to Success Grant for Early Career Investigators** — *Transition*
- **Physician Scientist Training Grant** — *Transition*
- **American Board of Sleep Medicine Junior Faculty Grant** — *Transition*
- **Bridge to Success Grant for Mid-Career/Senior Investigators** — *Independent*

- **Community Sleep Health Grant**
- **Sleep Champion Award**
- **Disaster Relief Fund**



Community Funding

New Collaborations

- **American Medical Association Foundation Physicians of Tomorrow Scholarship** — *Training*
- **AASM Foundation and CHEST Foundation Research Grant** — *All Levels*

Suplemental Grants

- **Covid-19 Relief Funding for Grant Recipients**
- **Diversity Supplement Grant**

2021 Grant Recipients and Descriptions

Over the past 22 years, the AASM Foundation has invested more than $21 million in funding career development, high-impact research, clinical training, and community initiatives.

Bridge to Success Grant Recipients



Arvind Chandrakantan, MD, MBA
- Baylor College of Medicine
- Pediatric Obstructive Sleep Apnea and Surgical Timing – A Hypothesis Translational Model
- Funding Total: $60,978.00
- Goals: Understand the synaptic underpinnings and changes in pediatric obstructive sleep apnea-affected children and to be able to provide better answers for obstructive sleep apnea in children with neurocognitive disorders.



Korey Kam, PhD
- Icahn School of Medicine at Mount Sinai
- Pilot Study of Locus Coeruleus Neuroimaging with Sleep and Alzheimer's Disease Biomarkers
- Funding Total: $100,000.00
- Goals: Acquire preliminary data for a larger study to characterize locus coeruleus function in the elderly in vivo for the first time, better understand locus coeruleus susceptibility to early tau accumulation, and characterize its functional impact on sleep.



Reena Mehra, MD, MS
- Cleveland Clinic Foundation
- Sleep Apnea and Influence of Obesity Across the Atrial Fibrillation Trajectory
- Funding Total: $100,000.00
- Goals: Inform clinical trials by identifying novel sleep disordered breathing and obesity/metabolic targets and elucidate phenotypes most likely to be responsive to sleep disordered breathing interventions.

Focused Projects Grant for Junior Investigators Recipients



Ashley Curtis, PhD
- University of Missouri-Columbia
- Sleep-Related Attention Bias in Older Adults: Impact of Insomnia Symptoms and Sex
- Funding Total: $39,999.00
- Goals: Provide critical preliminary data for future larger federal grant applications as well as inform the future design of modified digital clinical interventions for insomnia.



Daniel S. Joyce, PhD
- University of Nevada, Reno
- Imaging the Living Human Retina to Measure Circadian Sensitivity
- Funding Total: $39,994.00
- Goals: Reveal how retinal rhythms drive circadian photoentrainment and cause sleep-wake disease, critical in understanding which components of the photoentrainment circuit are amenable to interventions that restore healthy sleep-wake behaviors.



Sara Mithani, PhD, RN
- University of Texas Health Science Center San Antonio
- Discovery of Plasma Proteomic Biomarkers Relating to Insomnia and Its Link to Subjective and Objective Measures of Insomnia
- Funding Total: (Sponsored by Eisai, Inc) $50,000.00
- Goals: Deepen the understanding of the underlying biological mechanisms of insomnia and serve as a basis for a future multisite longitudinal study to validate biomarkers for insomnia.



Aurore A. Perrault, PhD
- Research Center of the Institut Universitaire de Gériatrie de Montréal
- Multivariate Data-Driven Approach in Identifying Sleep Profiles of Chronic Insomnia
- Funding Total: (Sponsored by Eisai, Inc.) $50,000.00
- Goals: Encourage further research investigations aimed at better delineating distinct insomnia phenotypes with complementary non-sleep characteristics, which will ultimately inform tailored therapeutic interventions.

Gonzalo Labarca Trucios, MD
- Brigham and Women's Hospital and Harvard Medical School
- Association Between the Sleep Apnea Specific Hypoxic Burden with Incident Neurocognitive Impairment
- Funding Total: $39,936.00
- Goals: Provide additional information to clinicians who care for people with obstructive sleep apnea by incorporating this measure in the precision-medicine approach to improve diagnosis and management of sleep apnea and neurocognitive comorbidities.



Daniel Vena, PhD

- Brigham and Women's Hospital and Harvard Medical School
- A Closer Look at the Effect of Oral Appliance Therapy on Blood Pressure in Sleep Apnea
- Funding Total: $39,917.00
- Goals: Define a subgroup of people with obsructive sleep apnea based on excessive hypoxia and sympathetic surges caused by respiratory events, who will receive the greatest cardiovascular benefit from oral appliance therapy.

Strategic Research Grant Recipients



Suzanne Bertisch, MD, MPH

- Brigham and Women's Hospital, Harvard Medical School
- Testing the Efficacy of Telehealth Brief Behavioral Treatment for Insomnia for Socioeconomically Disadvantaged Adults
- Funding Total: $250,000.00
- Goals: Establish a research center focused on the evaluation and implementation of behavioral sleep interventions for socioeconomically disadvantaged adults by testing the efficacy of a scalable, brief treatment for insomnia.



Philip Cheng, PhD

- Henry Ford Health System
- Innovations in Wearable Technology for Correcting Circadian Misalignment in Shift Work Disorder
- Funding Total: $249,977.00
- Goals: Provide validation for his project approach so that night shift workers can have increased access to effective treatments for circadian misalignment.



Jessica Dietch, PhD

- Oregon State University
- Piloting an Adaptation of Cognitive Behavioral Therapy for Insomnia for Shift Workers
- Funding Total: $250,000.00
- Goals: Improve the sleep, health, and wellbeing of shift workers using an evidence-based treatment of insomnia.



Sarah Morsbach Honaker, PhD, DBSM

- Indiana University
- Adapting CBT-I for and with Adolescents
- Funding Total: $249,394.00
- Goals: Adapt an efficacious adult treatment, cognitive behavioral therapy for Insomnia, for adolescents.



Hannah Scott, PhD

- Flinders University
- A Randomized Controlled Trial Comparing Home-Based Intensive Sleep Retraining to Online CBT-I and The Combination for the Treatment of Chronic Insomnia Disorder
- Funding Total: $249,944.40
- Goals: Assist the implementation of remote therapies into clinical practice and build a case for health insurance-funded remote therapy options for insomnia.



Neomi Shah, MD, MPH, MS

- Icahn School of Medicine at Mount Sinai
- Application of Machine-Learning to Assess Heterogeneity of Continuous Positive Airway Pressure Effect on Major Adverse Cardiovascular Events in the ISAACC Trial
- Funding Total: $99,789.00
- Goals: Inform future trials of the impact of targeted interventions to reduce the risk of recurrent coronary events or death in people with obstructive sleep apnea and recent cardiovascular events.

Diversity Supplement Grant Recipients



Doyinsola Baily, PhD

- CandidateUniversity of Maryland School of Medicine
- Impact of Treated and Untreated Obstructive Sleep Apnea (OSA) on 30-Day Hospital Readmission Among Medicare Beneficiaries with Pre-existing Cardiovascular Disease
- Funding Total: $28,650.00
- Goals: Determine the impact of untreated OSA and quantify the effect of treatment adherence on hospitalizations and 30-day readmissions among older-adult Medicare beneficiaries with pre-existing CVD.



Estefania Hernandez, MA

- Case Western Reserve University Frances Payne Bolton School of Nursing
- Sleep and Glycemia in T1D: A Diversity Supplement
- Funding Total: $19,962.00
- Goals: Complete her dissertation focused on the role of the circadian system in drug polyconsumption and treatment management in order to become an academic researcher with a focus on methadone maintenance treatment in Brazil.



Andy Madrid, PhD

- University of Wisconsin-Madison
- Epigenetic Modification of PAX8 in Persons with Hypersomnia and Concurrent Medication Use
- Funding Total: $48,782.00
- Goals: Extend prior research connecting DNA methylation of the PAX8/PAX8-AS1 gene to excessive sleep duration, utilizing a real-world sample of medicated persons with hypersomnolence.

Community Sleep Health Grant Recipients



Daniel Blum, PhD
- NYU Shanghai
- Global Adaptation: Designing Sleep for Shift Work Students
- Funding Total: $19,881.00
- Goals: Deliver "shift work education" workshops so night shift workers can effectively adapt their sleep and improve their performance.



Kara Christensen, PhD
- University of Kansas and KU Center for Research, Inc.
- SLEEP-E: Sleep Education for Eating Disorder Treatment Providers
- Funding Total: $19,900.00
- Goals: Develop and test a free web-based training for eating disorder treatment providers on insomnia assessment and treatment.



Justin Fiala, MD
- Northwestern University Feinberg School of Medicine and CommunityHealth
- CHI PAP: CommunityHealth Initiative for Patient-Centered Apnea Protocols
- Funding Total: $19,500.00
- Goals: Use CHI-PAP to bridge sleep health inequity gaps for people receiving care at CommunityHealth, a well-established free clinic on Chicago's Near-West Side.

Giles Frydman
- American Sleep Apnea Association
- Sleep Apnea Disaster Preparedness Campaign
- Funding Total: $20,000
- Goals: Provide guidance on what people with sleep apnea can do to be prepared for disasters through a multi-media public awareness campaign.

Training Programs

2021-2022 Sleep Research Program for Advancing Careers Fellows



Judite Blanc, PhD
University of Miami Miller School of Medicine
Mentor: Daniel Buysse, MD



Maya Elias, PhD, RN
University of Washington
Mentor: Phyllis Zee, PhD, MD



Sarah E. Emert, PhD
The University of Arizona
Mentor: Rachel Manber, PhD



Anna E. Mullins, PhD, RPSGT
Icahn School of Medicine at Mount Sinai
Mentor: Elizabeth Klerman, PhD, MD



Sonja G. Schütz, MD, MS, MSc
University of Michigan, Ann Arbor
Mentor: Neomi Shah, MD, MPH, MSc

Investigators Research Forum 2021 Trainees



Christian Agudelo, MD
University of Miami Miller School of Medicine



Sarah Burkart, MPH, PhD
University of South Carolina

Lauren Castner, DO
Children's Wisconsin Milwaukee



Eileen Condon, PhD, APRN, FNP-BC
Yale University



Makayla Cordoza, PhD, RN, CCRN-K
University of Pennsylvania



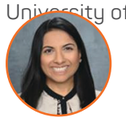
Fusun Doldur-Balli, PhD
University of Pennsylvania



Jacqueline Geer, MD
Yale University



Sadia Ghani, MD
University of Arizona



Gita Gupta, MD
University of Michigan



Alisa Huskey, PhD
University of Arizona

Young Investigators Research Forum 2021 Trainees



Vlad Ianus, MD, MPH
University of New Mexico



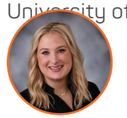
Matthew Lehrer, PhD
University of Pittsburgh



Peng Li, PhD
Brigham and Women's Hospital



Elizabeth Mahanna-Gabrielli, MD
University of Miami



Jennifer Miller, PhD, APRN-NP
University of Nebraska Medical Center



Ann Revill, PhD
Midwestern University



Christine St Laurent, MS, MPH, PhD
University of Massachusetts Amherst



Melanie Stearns, PhD
University of Missouri



Pahnwat Taweesedt, MD
Corpus Christi Medical Center

S[illegible]undation Sponsored Participants



Sarah Emert, PhD
The University of Arizona - Department of Psychology



Ashley Ingiosi, PhD
Washington State University



Daniel Joyce, PhD
University of Nevada, Reno



Mairead Moloney, PhD
University of Kentucky



Michelle Stepan, PhD
University of Pittsburgh

An Interview with Dr. Bubu
Omonigho (Michael) Bubu, MD, PhD, MPH, is a physician-scientist that is focused on Alzheimer's Disease and sleep research among the Black community. He participated in the AASM Foundation's Young Investigators Research Forum and Sleep Research Program for Advancing Careers. He is also the recipient of the AASM Foundation's Bridge to Success Grant for Early Career Investigators and successfully secured a National Institutes of Health career development grant.

Can you tell us how you got involved in sleep research?

I got involved in sleep research through my Master of Public Health training at the Rollins School of Public Health at Emory University. At Emory, I began to establish a line of empirical inquiry to understand health behaviors including sleep as a risk factor for cognitive decline and Alzheimer's disease (AD).

What was your experience like in the Young Investigators Research Forum?

My participation in the Young Investigators Research Forum (YIRF) was the first time, beyond the setting of a large conference, that I had the opportunity to talk with leaders in the field one-on-one. **The exposure to information about NIH grant types, steps of grant submission and participating in a mock grant review was invaluable.** The interactions with peers who are early career researchers with some on the same career path as I fostered development of research relationships with individuals who have become collaborators. **The YIRF certainly provides a unique opportunity into the field of sleep research at the early stages and fosters a rare environment of dedicated senior faculty interacting with and guiding early career investigators.**

What was your experience like in the Sleep Research Program for Advancing Careers?

Participating in the Sleep Research Program for Advancing Careers helped provide access to mentors and resources and aided me in consolidating skills necessary to successfully apply for a National Institutes of Health (NIH) grant, AASM Foundation career development grant, and/or equivalent award. My understanding of what the grants process entails significantly improved. **The program exposed me to experts in the field, NIH officials and opportunities for research collaboration. In sum, the experience was invaluable.**

As a recipient of the Bridge to Success Grant for Early Career Investigators, how has it helped you in securing your NIH K23 grant?

This bridge funding helped generate novel formative data that directly supports parts of my K23 specific aims and, more importantly, will support my proposed larger R01 grant. The bridge funding also allowed the opportunity to engage in activities such as addressing reviewer critiques, working on manuscript publications, and training that improved the likelihood of funding a resubmitted application. **The funding provided much-needed support during the period that I needed to revise and resubmit my NIH K23 grant.**

A Physician Scientist's Voyage

Salma I. Patel, MD, MPH, is tenure-track assistant professor of medicine at the University of Arizona and associate program director of the sleep medicine fellowship at Banner University Medical Center – Tucson. She is the recipient of the 2018 American Board of Sleep Medicine Junior Faculty Grant and alumna of the Young Investigators Research Forum.

Patel's path to sleep medicine and research is unique, as she was formerly an intensive care unit nurse and a clinical nurse research coordinator at Mayo Clinic prior to pursuing a career in medicine. Her experience as a clinical research nurse and passion for improving patient outcomes reinforced her goal of becoming a physician, and Patel went on to pursue a medical degree and Master of Public Health degree at the University of Arizona Medical School.

Today, Patel continues to serve her patients and the sleep community as an academic sleep medicine physician. Her goal is to improve quality of life and functional ability at home and at work for those suffering from sleep disorders. She believes it is important to recognize that treatment of certain sleep disorders may decrease morbidity and mortality from chronic medical conditions such as cardiovascular disorders.

"Being an academic sleep medicine physician is perhaps the most gratifying position I have ever held. It gives me the ability to not only positively impact the lives of my patients but to also be actively involved with sleep medicine education for the public, undergraduate students, graduate students, medical residents, and fellows," said Patel.

"As a sleep medicine physician, many questions arise in the clinic for which answers do not always exist," said Patel. **"Being a physician scientist enables me to find these answers for myself and other clinicians asking similar questions while contributing to the science in the field of sleep medicine and ultimately improving the outcomes of patients with sleep disorders."**

Knowing that she wanted to pursue a career as a physician scientist, Patel received a scholarship to attend the AASM Foundation Young Investigators Research Forum in 2017 while she was a sleep medicine fellow at Mayo Clinic. **She then went on to secure a tenure-track assistant professor appointment at the University of Arizona and was awarded the AASM Foundation 2018 American Board of Sleep Medicine Junior Faculty Grant, which is providing her protected time to work on her current mentored research project, *Cardiorespiratory Interactions during Noninvasive Ventilation*.**

"Patients with untreated OSA have a 2-to3—fold increased risk of cardiovascular mortality when compared with individuals without OSA. Aberrant ventricular repolarization among OSA patients may contribute to this association," said Patel. "We hypothesize that changes in ventricular repolarization associated with apnea/hypopnea events is associated with increased mortality in patients with obstructive sleep apnea and may be worsened when these patients are placed on certain forms of noninvasive ventilation." As she makes strides in her project, it has taught her many new things as an early career sleep researcher. **"The project has taught me how important my mentoring and research team is for success of the project as everyone involved contributes to the project in one way or another," said Patel. "I also learned about the responsibilities of being a principal investigator and aspects of project management."**

Thanks for your support!

$200,000

Eisai

$100,000

Jazz Pharmaceuticals

$75,000

Avadel

$25,000

Individual Donors

Thank You to Our Individual Supporters for Contributing to Our Mission

Diamond ($10,000+)

American Academy of Sleep Medicine ($2,000,000)

Platinum ($1,000+)

Dr. Fariha Abbasi-Feinberg
Dr. Rashmi Aurora
Dr. M Safwan Badr
Dr. Kelly Carden
Dr. Madeleine Grigg-Damberger
Dr. Vishesh Kapur
Dr. Raman Malhotra
Dr. Jennifer Martin
Dr. Eric Olson
Dr. Kannan Ramar
Dr. Carol Rosen
Dr. James Rowley
Dr. Lynn Marie Trotti

Gold ($500+)

Dr. Alejandro Chediak
Dr. Indira Gurubhagavatula
Mr. John Lines
Dr. Rachel Manber
Dr. Ruth O'Hara
Dr. Stephen & Mrs. Rebecca Sheldon
Dr. Anita Shelgikar
Dr. Katie Stone
Dr. Patrick Strollo
Dr. Michael Twery
Dr. Sigrid Veasey
Dr. Jamie Zeitzer

Silver ($100+)

Dr. Jorge Avendano
Dr. Genevieve Belgrave
Dr. Richard Berry
Dr. Mario Beshay
Dr. Kathleen Sarmiento
Mr. Kamaljeet Singh
Dr. Andrew Spector
Dr. Stephanie Stahl
Dr. Samuel Taylor
Dr. Lowery Thompson
Mr. Alberto Torrigiotti
Dr. Matthew Troester
Dr. John White
Ms. Valerie Williams
Dr. Scott Williams
Dr. David Winslow
Dr. James Wyatt

Bronze (Under $100)

Dr. Loutfi Aboussouan
Mrs. Anne Batson
Dr. Matthew Brock
Dr. Lisa Cutchen
Dr. Francis Dayrit
Dr. Luis DeJesus Vargas
Dr. Oyeyemi Fabuyi
Dr. Barry Fields
Dr. Simranjit Galhotra
Dr. Sasikanth Gorantla
Dr. Thane Htun
Ms. Gail Karafin
Mr. Hyungil Kim
Dr. Alben Lui
Dr. Thomas McKnight Jr.
Dr. Sameh Morkous
Dr. Shalini Paruthi
Dr. Susheel Patil
Ms. Carolyn Potasky Rolph
Dr. Ajitesh Rai
Dr. Jarrett Richardson
Dr. Anstella Robinson
Dr. Ilene Rosen
Dr. David Chang
Dr. Cynthia Curioso-Uy
Dr. Alice Doe
Dr. Hussain Ebrahim
Mr. Jose Escamilla
Mr. George Giannakos
Dr. Jeffrey Hawkins
Dr. Mossadiq Jaffri
Dr. Robert Kowatch
Dr. Jyoti Krishna
Dr. Suzanne Lesage
Dr. Jonathan Lown
Dr. Brendan Lucey
Dr. Edward Mezerhane
Dr. Margaret Moen Rabish
Dr. Christian Morales Perez
Dr. Christina Morse
Dr. Susan Mucha
Dr. Olukayode Ogunrinde
Mr. Christopher Potter
Dr. Dominic Roca
Mr. Gregory Rodden
Dr. John Roehrs
Dr. Shandra Rosenfeldt
Dr. Kathleen Sexton-Radek
Dr. Afifa Shamim-Uzzaman
Mr. Maninder Singh
Dr. Christine Spadola
Ms. Anne Trainor
Ms. Carol Valas
Dr. Ariel Williamson
Dr. Amy Wolfson

Platinum
Dr. Robert Thomas
In Memory of Christian Guilleminault

Gold
Dr. Alejandro Chediak
In Memory of Moises Chediak, Jr

Dr. Stephen & Rebecca Sheldon
In Memory of Dr. William Dement

Dr. Nancy Collop
In Memory of Dr. Richard Allen

Silver
Dr. Alexandre Abreu
Dr. Alejandro Chediak
Dr. Hao Cheng
Dr. Salim Dib
Dr. Alberto Ramos
Dr. Shirin Shafaz
Dr. Carlos Torre
Dr. Douglas Wallace
In Honor of 2020 University Miami Sleep Medicine Fellows

Dr. Philip Becker
In Memory of Dr. Mark Mahowald

Dr. Gang Bao
In Honor of Dr. Christian Guilleminault

Dr. Davila Davila, MD
In Honor of Dr. May L Griebel

Blair Hughes
In Memory of Sarah Day

Dr. Paul Gunser
In Memory of Susan Gunser

Dr. Elissaios Karageorgiou
In Memory of Dr. Christian Guilleminault

Dr. Junjie Liu
In Memory of Mario Terzano

Dr. Daniel O'Hearn
In Honor of Dr. Jennifer Martin

Dr. Patrick Ruehle
In Memory of Dr. William H. Ruehle

Dr. Salim Surani
In Honor of Dr. Kannan Ramar

Bronze
Dr. Joseph Berkowski
In Memory of Dr. Christian Guilleminault

Michael Cronenworth
In Memory of Sarah Day

Shmuel Jacobs
In Memory of Sarah Day

Martha Kaszynski
In Memory of Sarah Day

Michael Kisiel
In Memory of Sarah Day

Dr. Jennifer Martin
In Honor of Dr. Emerson Wickwire

Robert Reese, RPSGT, RRT, NPS
In Memory of Technical Corporal Joseph E. Reese

Charles Seitz
In Memory of Sarah Day

Lonann French
In Memory of Sarah Day

Patrick Taylor
In Memory of Sarah Day



Dr. William Dement



Dr. Christian Guilleminault

The AASM Foundation is grateful for the time and efforts of the following volunteers and staff.

Career Development Grant Review Committee
Ronald Szymusiak, PhD (Chair)
Susmita Chowdhuri, MD (Vice Chair)
Suzanne Bertisch, MD, MPH
Joseph Dzierzewski, PhD
Martica Hall, PhD
Jonathan Jun, MD
Kiran Maski, MD, MPH
Nirinjini Naidoo, PhD
Ruth O'Hara, PhD
David Plante, MD
Alberto Ramos, MD, MSPH
Nancy Redeker, PhD, RN
Ignacio Tapia, MD
Andrew Varga, MD, PhD

Sleep Medicine Fellow Funding Grant
Ian Weir, DO (Chair)
Kanika Bagai, MD, MS
Susan Dunning, MD
Susheel Patil, MD, PhD
Michael Yurcheshen, MD

Community Sleep Health Grant Review Committee
Patti Van Landingham (Chair)
Shirin Shafazand, MD, MS (Vice Chair)
Jennifer Accardo, MD
David Bishop
Joe Donohue
James Spilsbury, PhD
Salim Surani, MD

Investigator-Initiated Grants Review Committee
Constance Fung, MD, MSHS (Chair)
Michael Grander, PhD, MTR (Vice Chair)
Katie Stone, PhD (Vice Chair)
Michelle Cao, DO
Mahadevappa Hunasikatti, MD
Christina McCrae, PhD
Judith Owens, MD, MPH
Ankit Parekh, PhD
Susan Redline, MD, MPH

Ad-hoc Reviewers
J. Todd Arnedt, PhD
Colleen Carney, PhD
Daniel Combs, MD
Joseph Dzierzewski, PhD
Martica Hall, PhD
David Kalmbach, PhD
Brienne Miner, MD
Jason Ong, PhD
Megan Petrov, PhD
Kathy Richards, PhD
Ari Shechter, PhD
S. Justin Thomas, PhD

Development Council
Stephen Sheldon, DO (Chair)
Lourdes DelRosso, MD
Patrick Strollo, Jr., MD
Terri Weaver, PhD, RN
Andrew Varga, MD, PhD

Research Fellowship Committee
Alberto Ramos, MD, MSPH (Chair)
Neomi Shah, MD, MPH (Vice Chair)
Suzanne Bertisch, MD, MPH
Elaine Boland, PhD
Jason Ong, PhD
Logan Schneider, MD
Azizi Seixas, PhD
Katherine Sharkey, MD, PhD

Young Investigators Research Forum Leadership and Faculty
Azizi Seixas, PhD (Chair)
Suzie Bertisch, MD, MPH (Vice Chair)
Indu Ayappa, PhD
M. Safwan Badr, MD, MBA
Ruth Benca, MD, PhD
Daniel J. Buysse, MD
Michael Grandner, PhD, MTR
Martica Hall, PhD
Jennifer L. Martin, PhD
Sairam Parthasarathy, MD
Ronald Szymusiak, PhD
Andrew W. Varga, MD, PhD
Sigrid Veasey, MD

STAFF
AASM Foundation
Joe Donohue
Sarah Fones
Vanessa Gonzalez, MPH
Sherene Thomas, PhD
Steve Van Hout (Executive Director)

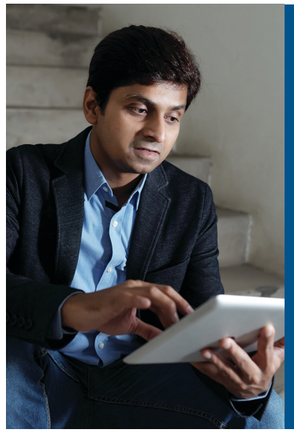
Communications
Lynn Celmer
Thomas Heffron
Corinne Lederhouse

Finance
Becky Sprindis
Andrew Summers

Graphics
Danielle Baich
Laura Nesbitt
Oscar Salgado

Meetings and Education
Becky Svientek
Erin Kelly
Jordana Money
Sally Podolski

*Visit **foundation.aasm.org/donate** to learn more about the many ways to contribute.*



Online

- Make a donation through our secure online system.
- Donations can be made in honor of friends and colleagues or as a tribute in memory of someone special.
- Our website also has the option to set up monthly recurring donations.



Mail or Fax

Download a donation form and mail or fax the form back to the AASM Foundation's National Office.



Planned Giving

- The AASM Foundation has developed resources and a special webinar that explain the many reasons you might want to consider a planned gift:
- Complement and supplement your current and future financial and wealth-transfer goals;
- Express your gratitude or appreciation for sleep clinicians and scientists;
- Create an enduring legacy, connecting you with our mission and vision in perpetuity.

For more information about donations to the AASM Foundation, please email giving@aasm.org or call 630-737-9725.

AASM™ | FOUNDATION

foundation.aasm.org

Apply for grants and programs through our online application platform

For additional information on how you can support the AASM Foundation, please email giving@aasm.org or contact the National Office at 630.737.9724

2020-21 Board of Directors

Officers

Anita V. Shelgikar, MD, MHPE
President

Jennifer L. Martin, PhD
Secretary/Treasurer

Directors

Fariha Abbasi-Feinberg, MD
R. Nisha Aurora, MD, MHS
Kelly Carden, MD, MBA
Vishesh Kapur, MD
Raman Malhotra, MD
Eric Olson, MD
Kannan Ramar, MD
Carol L. Rosen, MD
James A. Rowley, MD
Lynn Marie Trotti, MD, MSc

Executive Director

Steve Van Hout