



FOUNDATION



## Young Investigators Research Forum

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|--------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>ISSUE DATE:</b>             | September 8, 2026                                                                                                                                                                                  |
| <b>APPLICATION DUE DATE:</b>   | October 19, 2026 by 11:59 pm ET                                                                                                                                                                    |
| <b>SELECTION NOTIFICATION:</b> | By January 15, 2027                                                                                                                                                                                |
| <b>FORUM DATES:</b>            | Virtual Kick-Off Meeting:<br>March 11, 2027<br>3:00-5:00 pm ET<br><br>In-Person Meeting: April 11-13, 2027<br>The Westin Michigan Avenue Chicago<br>909 North Michigan Avenue<br>Chicago, IL 60611 |
| <b>AMOUNT OF FUNDING:</b>      | Selected trainees will be provided a travel scholarship that includes travel and lodging funded by the AASM Foundation to the in-person Young Investigators Research Forum 2027.                   |
| <b>LINK TO APPLICATION:</b>    | <a href="https://www.grantinterface.com/Home/Logon?urlkey=aasmf">https://www.grantinterface.com/Home/Logon?urlkey=aasmf</a>                                                                        |
| <b>CONTACT:</b>                | AASM Foundation<br>2510 N. Frontage Road<br>Darien, IL 60561<br>Phone: 630-737-9778<br>E-mail: <a href="mailto:foundation@aasm.org">foundation@aasm.org</a>                                        |

### PROGRAM

The Young Investigators Research Forum 2027 will have a kick-off virtual meeting in March 2027 and an in-person meeting on April 2027 in Chicago, IL.

The program will provide accepted applicants the guidance, tactics, and strategies to better position early career investigators for a successful career in circadian and sleep research by:

- Understanding how to build a successful career in sleep research, including how to foster collaborations and develop mentorship relationships.
- Understanding the policies and various mechanisms for sleep research funding.
- Gain insight on the grant peer review structure and process.
- Further develop specific aims for a grant proposal.

The Young Investigators Research Forum will provide an opportunity for collegial interaction among early career investigators and established senior investigators across the broad spectrum of basic, translational, clinical and population sleep and circadian science, as well as with scientific and program officers from various funding agencies.

## **FUNDING INFORMATION**

The AASM Foundation provides a travel scholarship that includes travel and lodging coordinated and funded by the AASM Foundation to the in-person Young Investigators Research Forum 2027 in Chicago, IL.

The Young Investigators Research Forum 2027 is sponsored in part by Resmed. Additional support is provided by the American Academy of Sleep Medicine, the American Academy of Dental Sleep Medicine, American Association of Physicians of Indian Origin and the Sleep Research Society Foundation.

## **ELIGIBILITY**

The following individuals are eligible to apply:

- Individuals with an MD, DO, DDS, DMD, DNP, DNSc, PharmD, PhD, or equivalent professional degree.
- Individuals within 10 years of their terminal degree, post-doctoral training, or clinical training.

## **INELIGIBILITY**

The following individuals are NOT eligible to apply:

- Individuals who have received a federal career development grant (NIH K grant, VA Career Development Grant, or equivalent), or independent research funding (NIH R01 or equivalent) at the time of application.
- Individuals who are at an institution outside of the United States.

- Current AASM and AASM Foundation Board of Directors members cannot be listed as a mentor on an application during their term on the Board and for one year after their term ends.
- Current Young Investigator Research Forum Planning Committee members cannot apply during their term on the committee.

## REVIEW CRITERIA AND PROCESS

The AASM Foundation Young Investigators Research Forum Planning Committee will evaluate and score all submitted applications, and make final selections of accepted applicants to the program. Factors that will be taken into consideration include:

- 1. Contribution to Science:** Clear commitment to an academic sleep research career based on training to date, research activities, scholarly productivity, and institutional commitment towards a research career.
- 2. Specific Aims:** Well-articulated research question in the sleep or circadian field that addresses a major gap in current evidence.
- 3. Career Plan:** Strong short-term and long-term career goals in sleep research. Clear justification for how the candidate will benefit from participating in the Young Investigators Research Forum and enhance the applicant's career trajectory in circadian and sleep research.

## APPLICATION

### ***Step 1: AASM Foundation Grant Request registration***

To apply for the Young Investigators Research Forum, you must register on AASM Foundation [Online Portal](#). Please refer to the [AASM Foundation Application User Guide](#) for guidance on creating an account.

### ***Step 2: Complete application***

## **[ACCESS THE YOUNG INVESTIGATORS RESEARCH FORUM 2027 APPLICATION](#)**

Applications must be completed and submitted through the AASM Foundation [Online Portal](#). Instructions for required forms are available via the online submission system. The checklist below lists the required attachments to be uploaded. For an overview of the information that is requested on the application form, please download the [Young Investigators Research Forum 2027 Application Outline](#).

## Application Checklist

| Form                                                                                                                                                                                                                          | Page/Word Limit              |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------|
| <input type="checkbox"/> <b>Applicant Details</b>                                                                                                                                                                             |                              |
| <input type="checkbox"/> <b>Mentor Support</b>                                                                                                                                                                                |                              |
| <input type="checkbox"/> <b>Biographical Sketch</b> <ul style="list-style-type: none"> <li>A. Personal Statement</li> <li>B. Positions and Honors</li> <li>C. Contribution to Science</li> <li>D. Research Support</li> </ul> | 5 pages, max                 |
| <input type="checkbox"/> <b>Specific Aims Page</b>                                                                                                                                                                            | 1 page, excluding references |
| <input type="checkbox"/> <b>Personal Statement</b> <ul style="list-style-type: none"> <li>A. Career plan short-term and long-term goals</li> <li>B. Reason(s) for applying to the program</li> </ul>                          | 2 pages, max                 |

## AI USE POLICY

The AASM Foundation will not consider applications that are either substantially developed by generative AI tools (e.g., ChatGPT, Microsoft Copilot, Claude, Gemini) or contain sections substantially developed by generative AI tools to be original ideas of applicants. All applicants will need to attest in the application that the submitted work reflects their own original work (i.e., not plagiarized, regardless of whether AI or human consultation was used in its development) and that the content and references used throughout the application are factual (e.g., content, references).

Applicants are welcome to use AI-powered writing assistants (e.g., Grammarly, Microsoft Editor) to improve the writing in their grant application (e.g., check grammar, spelling, punctuation, clarity).

Additionally, applicants should be aware that the AASM Foundation may utilize in-house, licensed AI tools to conduct an administrative review for application completeness, support grantmaking operations, and/or test the accuracy of these tools to perform reviews. Generative AI tools are not permitted to be used by reviewers or the Board of Directors to review or score applications, create summaries, or make funding recommendations or decisions.

## APPLICATION QUESTIONS

Frequently asked questions for our grant programs can be found [here](#).

We encourage potential applicants to contact us early in the application process with questions. Eligibility questions may need to be reviewed by a member of the AASM Foundation Executive Committee, so please allow for at least a 1-week response time for eligibility questions. For all other inquiries, please allow a minimum of two business days for a response. Please note that inquiries submitted two business days prior to an application deadline may not be answered in time.