

Continuing Medical Education

The American Academy of Sleep Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The AMA Council on Medical Education mandates that accredited providers only offer *AMA PRA Category 1 Credits™* to physicians. Non-physicians will be provided a letter of attendance indicating the number of *AMA PRA Category 1 Credits™* awarded for the sessions they attended.

AASM designates this live activity Healthy from the Start: Co-Designing Sleep Health Resources for Young Shift workers for a maximum of 0.75 *AMA PRA Category 1 Credits™*

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education Credit (CECS) For Sleep Technologists

This activity has been approved by the American Academy of Sleep Medicine Healthy from the Start: Co-Designing Sleep Health Resources for Young Shift workers for a maximum of 0.75 CECS for Sleep Technologists

Individuals should only claim those credits earned as a result of this activity.