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| This document is provided to potential applicants for informational purposes only and should not be submitted as a letter of intent for the 2026 Strategic Research Grant. Applications will only be accepted through the [AASM Foundation Grant Online Portal.](https://www.grantinterface.com/Home/Logon?urlkey=aasmf) Please refer to the [AASM Foundation Application User Guide](https://foundation.aasm.org/wp-content/uploads/sites/2/2024/06/AASM-Foundation-Application-User-Guide.pdf) for guidance on setting up an account. |

**2026 Strategic Research Grant Letter of Intent**

The AASM Foundation is committed to improving patient-centered diagnosis and care for all people with sleep disorders. To ensure that there is a continued advancement in effective diagnosis and care of people with sleep disorders, the AASM Foundation provides research funding through the Strategic Research Grant. This grant is investigator-initiated and supports high-impact research projects aimed at addressing gaps in knowledge that impact the ability to provide optimal, patient-centered, cost-effective diagnosis and care for people with sleep disorders.

The Strategic Research Grant requests applications and is open to specific topics. The applicant must select one of the following topics: AASM Clinical Practice Guidelines: Research Gaps & Dissemination and Implementation; AASM Strategic Plan Goals; Obstructive Sleep Apnea (OSA) Research Gaps.

Applicants must meet the following eligibility criteria:

**Eligibility**

* Sleep scientists with a master’s level degree (MA, MS, MSN, MPH, or equivalent) or higher (MD, DO, DDS, DMD, DNP, DNSc, PharmD, PhD, or equivalent) are eligible to apply.
* International applicants, who meet all the eligibility criteria and whose sponsoring organization can accept the payment of grant funds in U.S. dollars, are eligible to apply.

**Ineligibility**

* Individuals who have a financial conflict of interest or have the potential to incur significant financial benefit from the proposed work and beyond the work itself are not eligible to apply.
* Current AASM and AASM Foundation Board of Directors members are not eligible to apply and cannot be listed as a PI, co-PI, key personnel, mentor (paid or unpaid) or paid consultant for one year after their term ends.

*Note: In rare instances, AASM and AASM Foundation Board members may serve as unpaid consultants on an application, however, this requires Executive Committee approval prior to submitting the application.*

* Individuals and organizations located in, or operating from, countries subject to U.S. Office of Foreign Assets Control sanctions are not eligible to receive AASM Foundation funding.

**Letters of intent are due on October 20, 2025 by 11:59 pm ET and invitations to submit full applications will be sent no later than January 30, 2026.**

We encourage potential applicants to view our [Frequently Asked Questions](https://foundation.aasm.org/award-programs/faq/) and contact us early in the application process with questions. Eligibility questions may need to be reviewed by a member of the AASM Foundation Executive Committee, so please allow for at least a 1-week response time for eligibility questions. For all other inquiries, please allow a minimum of two business days for a response. Please note that inquiries submitted two business days prior to an application deadline may not be answered in time.

*Please note this application CANNOT be modified once submitted. Please review your work carefully prior to submitting. Once submitted, it will be reviewed by staff for completeness. The AASM Foundation reserves the right to make the appropriate determination for incomplete applications.*

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| **Project Information** |

**Project Title**

**Project Keywords**

*Please provide 3-5 keywords that are related to your project. This can include the sleep disorder/problem, population, intervention/comparator, methodology, study design and type of research.*

**Research Focus**

* AASM Clinical Practice Guidelines: Research Gaps & Dissemination and Implementation
* AASM Strategic Plan Goals
* Obstructive Sleep Apnea (OSA) Research Gaps

**Topic**

*If you are applying for the Obstructive Sleep Apnea (OSA) Research Gaps research focus, please select “Not Applicable”.*

* Treatment of central disorders of hypersomnolence
* Treatment of restless legs syndrome and periodic limb disorder
* Treatment of central sleep apnea in adults
* Evaluation and management of obstructive sleep apnea in adults hospitalized for medical care
* Sleep Medicine Awareness
* Practice Success
* Technology Implementation
* Not Applicable

**Type of Subjects**

*Please specify what type of subjects are involved in your project and provide appropriate plans (in the respective group).*

* Animals
* Human Subjects - Exempt
* Human Subjects - Non-Exempt
* None of the above

**Strategic Research Grant Category**

*Category I is for those applicants seeking funding for projects up to $250,000 and covers a project period of up to three years.*

*Category II is for those applicants seeking funding for projects up to $100,000 and covers a project period of up to two years.*

*Category III is for those applicants seeking funding for projects up to $50,000 and covers a project period of up to one year.*

* Category I
* Category II
* Category III

**Length of Project Period (in whole months)**

**Is this a new LOI or a resubmission of a previously unfunded LOI?**

* New Submission
* Resubmission

**Principal Investigator Information**

*The* [National Institutes of Health](https://grants.nih.gov/grants/multi_pi/) *defines a Principal Investigator as “The individual(s) judged by the applicant organization to have the appropriate level of authority and responsibility to direct the project or program supported by the grant. The applicant organization may designate multiple individuals as PD/PIs who share the authority and responsibility for leading and directing the project, intellectually and logistically. Each PD/PI is responsible and accountable to the applicant organization, or, as appropriate, to a collaborating organization, for the proper conduct of the project or program including the submission of all required reports. The presence of more than one identified PD/PI on an application or award diminishes neither the responsibility nor the accountability of any individual PD/PI.”*

**Contact Principal Investigator Information**

*Fill in the corresponding information for the Contact Principal Investigator. This information will only be used internally by AASM Foundation staff and will not be made available to those reviewing letters of intent.*

**First Name\***

**Last Name\***

**Degree/Credentials\***

**Preferred Pronouns**

**Email\***

**Institution\***

**The response to the following question will not be used for eligibility or funding decision purposes, but is being gathered to improve AASM Foundation communications related to this program: How did you hear about this grant opportunity?\***

* AASM Education Webinars
* AASM Foundation Focus Newsletter
* AASM Foundation Programs and Opportunities Email
* AASM Foundation website
* AASM Montage
* AASM Sleep Insider
* AASM SmartBrief
* American Academy of Dental Sleep Medicine
* American Academy of Pediatrics
* American Thoracic Society
* CHEST Foundation
* Friend/colleague/mentor
* Hypersomnia Foundation
* Institutional Grant Administrator
* Journal of Clinical Sleep Medicine
* Journal of the American Medical Association
* National Sleep Research Resource Newsletter
* R25 Program
* Sleep Medicine Fellowship Directors and Coordinators Newsletter
* SLEEP Meeting
* Sleep Research Society Newsletter
* Sleep T32 Program
* Other AASM Emails
* Other AASM Foundation Emails
* Other

If you selected “Other”, please specify:

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| **Letter of Intent** |

All letters of intent (LOIs) are required to use the [Letter of Intent Guide](https://foundation.aasm.org/wp-content/uploads/sites/2/2025/09/2026-Strategic-Research-Grant-Letter-of-Intent-Guide.docx) provided by the AASM Foundation. Please note that LOIs that do not abide by the formatting requirements or do not use this template will be automatically withdrawn from consideration.  
  
Formatting Requirements:

* **Font**: Times New Roman 11 pt or 12 pt font; figures, tables, and captions may have 8 pt font
* **Spacing:** Single
* **Margins:** No less than 0.50 inches. (The header may fall within the top margin, but the body text may not begin closer than a half-inch from the edge of the page.)
* **Page numbers:** Consecutive
* **Page limit:** Three pages (excluding references)
* **File format:** PDF
* **References:**Suggest all references as in-text citations using AMA citation style, but other citation styles are accepted

**Demographic Questionnaire**

The following questionnaire is **OPTIONAL** for all applicants and is not considered part of the grant application. Applicant responses are not used in the decision-making process and will not be provided to reviewers.

If you do not wish to disclose information for any or all of the following questions, please select "Prefer Not To Respond".  
   
**How will the information be used?**  
• The data collected will be used to help us understand the diversity of applicants and to inform the development of targeted equity and diversity efforts in the sleep field.  
• The information provided may be shared publicly as part of aggregated data on the combined pool of AASM Foundation applicants and grant recipients.  
**Will my individual responses be kept confidential?**  
• Your individual responses will not be shared with grant reviewers or be used by AASM Foundation leadership to make funding decisions.  
• AASM Foundation staff and leadership agree to maintain confidentiality of all application information. The information provided may be shared publicly as part of aggregated data on the combined pool of AASM Foundation applicants and grant recipients. The AASM Foundation will take the utmost measures to ensure confidentiality and security of the information provided.

1. **Age (select one)**

* 20-24 years
* 25-29 years
* 30-34 years
* 35-39 years
* 40-44 years
* 45-49 years
* 50-54 years
* 55-59 years
* 60-64 years
* 65-69 years
* 70-74 years
* 75-79 years
* 80-84 years
* 85 years and over
* Prefer not to respond

1. **Race and Ethnicity (check all that apply)**

* Black/African American/African
* Asian/Asian American/Pacific Islander
* White/Caucasian/European
* Latino/Latina/Latinx/Hispanic
* Native American/American Indian/Indigenous
* Other
* Don’t Know
* Prefer not to respond

**Other (Race and Ethnicity):**

1. **Gender Identity (select one)**

* Female
* Male
* Non-binary
* Transgender
* Agender/Gender-Neutral
* Don’t Know
* Prefer not to respond

**Other (Gender Identity):**

1. **Disability (select one)**

* Person with a disability
* Person without a disability
* Don’t Know
* Prefer not to respond