



SLEEP Travel Grant for Sleep Technologists and Advanced Practice Providers

ISSUE DATE:	October 6, 2025
APPLICATION DUE DATE:	December 15, 2025 by 11:59 pm ET
SELECTION NOTIFICATION:	By March 27, 2026
AMOUNT OF GRANT:	\$2,000 to be used for SLEEP 2026 travel and registration expenses
LINK TO APPLICATION FORM	https://www.grantinterface.com/Home/Logon?urlkey=aasmf
CONTACT:	AASM Foundation 2510 N. Frontage Road Darien, IL 60561 Phone: 630-737-9778 E-mail: foundation@aasm.org

FUNDING INFORMATION

The SLEEP Travel Grant for Sleep Technologists and Advanced Practice Providers provides a \$2,000 grant to be used for SLEEP 2026 travel and registration expenses.

- Funded by a generous donation from Christopher Hope, MD, MHA
Note: *Dr. Hope will not be involved in any aspect of designing the applicant's application. In addition, Dr. Hope will not be involved in the AASM Foundation's grantmaking process, including the review process for applications, and making funding recommendations or decisions.*

ELIGIBILITY

The following individuals are eligible to apply:

- Individuals who are registered sleep technologists (or eligible to sit for the registry examination), advanced practice registered nurses, or physician assistants.

INELIGIBILITY

The following individuals are NOT eligible to apply:

- Individuals who are outside of the United States.
- Current AASM and AASM Foundation Board of Directors members are not eligible to apply.

APPLICATION REVIEW CRITERIA AND PROCESS

A review committee, appointed by the AASM Foundation Executive Committee, will evaluate and score all submitted nominations. Factors that will be taken into consideration include:

1. **Commitment to Sleep Health:** Has the applicant demonstrated a strong and long-term dedication to the field of sleep health through patient care and professional activities?
2. **Impact on Professional Development:** Does the applicant have a clear and well-thought-out plan for how attending the SLEEP meeting will enhance their skills, knowledge, and professional growth?
3. **Need:** Has the applicant provided a compelling and justified case for need, explaining why the travel grant is essential for their participation in the SLEEP meeting?

APPLICATION

Step 1: AASM Foundation Online Portal registration

To apply for the SLEEP Travel Grant for Sleep Technologists and Advanced Practice Providers, you must register on AASM Foundation [Online Portal](#). Please refer to the [AASM Foundation Application User Guide](#) for guidance on creating an account.

Step 2: Complete application

ACCESS THE SLEEP TRAVEL GRANT FOR SLEEP TECHNOLOGISTS AND ADVANCED PRACTICE PROVIDERS APPLICATION

Applications must be completed and submitted through the AASM Foundation [Online Portal](#). Instructions for required forms are available via the online submission system. The checklist below lists the required attachments to be uploaded. For an overview of the

information that is requested on the application form, please download the [SLEEP Travel Grant for Sleep Technologists and Advanced Practice Providers Application Outline](#).

CHECKLIST FOR APPLICATIONS

Form	Page/Word Limit
☐ Applicant Information and Questions	
☐ Curriculum vitae (CV), bio-sketch or resume	2 pages, max
☐ Personal Statement Questions: 1. Discuss your professional goals over the next five years and how you plan to remain engaged in the field of sleep medicine. 2. Describe how attending the SLEEP meeting will help you fill gaps in your knowledge, skills, and abilities. How do you plan to integrate the knowledge gained into your day-to-day work? 3. Explain why receiving this travel grant is important to you and how it will make attending the SLEEP meeting possible. Please include any financial considerations or barriers you face.	350 words, max for each question

QUESTIONS

Frequently asked questions for our grant programs can be found [here](#).

We encourage potential applicants to contact us early in the application process with questions. Eligibility questions may need to be reviewed by a member of the AASM Foundation Executive Committee, so please allow for at least a 1-week response time for eligibility questions. For all other inquiries, please allow a minimum of two business days for a response. Please note that inquiries submitted two business days prior to an application deadline may not be answered in time.