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| This document is provided to potential applicants for informational purposes only and should not be submitted as a nomination for the 2026 Research Mentor Award. Applications will only be accepted through the [AASM Foundation Grant Online Portal.](https://www.grantinterface.com/Home/Logon?urlkey=aasmf) Please refer to the [AASM Foundation Application User Guide](https://foundation.aasm.org/wp-content/uploads/sites/2/2024/06/AASM-Foundation-Application-User-Guide.pdf) for guidance on setting up an account. |

**2026 Research Mentor Award**

The AASM Foundation is dedicated to advancing sleep science and fostering the next generation of sleep and circadian researchers. The AASM Foundation Research Mentor Award honors exemplary individuals for their efforts and leadership in developing early career researchers, including undergraduates, graduates, post-doctoral trainees, and junior faculty who develop research careers in sleep and circadian science.

Individuals submitting nominations or self-nominating must meet the following eligibility criteria:

**Eligibility**

* Active sleep/circadian science mentor for at least 10 years, with a minimum rank of Associate Professor or equivalent, or responsibility for multiple funded research projects with evidence of sustainability. Examples include but are not limited to: Research Director, Senior Scientist, Professor, Department/Division Chair.

**Ineligibility**

* Current AASM and AASM Foundation Board of Directors members
* Current AASM Foundation Research Career Development Committee members
* Individuals located in, or operating from, [countries subject to U.S. Office of Foreign Assets Control sanctions](https://ofac.treasury.gov/sanctions-programs-and-country-information).

**Nominations are due on November 10, 2025 by 11:59 pm ET and selection decisions will be made no later than February 27, 2026.**

We encourage potential applicants to view our [Frequently Asked Questions](https://foundation.aasm.org/award-programs/faq/) and contact us early in the nomination process with questions. Eligibility questions may need to be reviewed by a member of the AASM Foundation Executive Committee, so please allow for at least a 1-week response time for eligibility questions. For all other inquiries, please allow a minimum of two business days for a response. Please note that inquiries submitted two business days prior to an application deadline may not be answered in time.

*Please note this application CANNOT be modified once submitted. Please review your work carefully prior to submitting. Once submitted, it will be reviewed by staff for completeness. The AASM Foundation reserves the right to make the appropriate determination for incomplete applications.*

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| **Nominee Information** |

First Name\*

Last Name\*

Degree/Credentials\*

Preferred Pronouns

Email\*

Nominee Institution/Organization\*

Are you self-nominating?\*

* Yes
* No

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| **Nominating Individual’s Contact Information** |

*Note: This section only applies if the individual completing the form is nominating another person.*

First Name\*

Last Name\*

Degree/Credentials\*

Preferred Pronouns

Email\*

Institution/Organization\*

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| **Nominee Curriculum Vitae (CV)** |

If not in the CV, please include a table listing current and past mentees and current position of past mentees, if known.

Formatting Requirements:

* + Times New Roman 11 pt or 12 pt font required with all margins no less than .50 inches.
  + File Format: PDF

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| **Nomination Letters** |

*Nomination letters must be submitted through the online portal. Letters provided by any other method (e.g. e-mail) will not be accepted.*

A minimum of two support letters from prior mentees must be submitted. These letters should describe how the nominee provided consistent, high-quality guidance and support to promote mentees’ career development.

The letters may address any or all of the following in describing the nominee’s mentorship activities:

* Intellectual growth of mentee(s) and broader community
* Talent development
* Collegiality and building community through generosity
* Advocacy for mentees
* Sponsorship/networking/dissemination of mentee’s name, talents, and projects
* Balancing productivity with career advancement
* Positive role modeling

Formatting Requirements:

* + Up to 2 pages per letter
  + Times New Roman 11 pt or 12 pt font required with all margins no less than .50 inches.
  + File Format: PDF