



Community Sleep Health and Public Awareness Grant

ISSUE DATE:	June 2, 2025
APPLICATION DUE DATE:	July 14, 2025 at 11:59 pm ET
GRANT SELECTION NOTIFICATION:	By October 30, 2025
PERIOD OF PERFORMANCE:	Category I: Up to 2 years Category II: Up to 1 year
AMOUNT OF GRANT:	Category I: Up to \$50,000 Category II: Up to \$25,000
LINK TO APPLICATION:	https://www.grantinterface.com/Home/Logon?urlkey=aasmf
CONTACT:	AASM Foundation 2510 N. Frontage Road Darien, IL 60561 Phone: 630-737-9724 E-mail: foundation@aasm.org

ELIGIBILITY

The following individuals and organizations are eligible to apply:

- Nonprofit, tax-exempt organizations that are organized and operated exclusively for religious, charitable, scientific, testing for public safety, literary, educational, or other specified purposes and are tax exempt under the US Internal Revenue Code Section 501(c)(3).
- Individuals and for-profit organizations collaborating with an eligible nonprofit, tax-exempt organization as described above.
- International non-governmental organizations recognized as charitable and/or nonprofit in their country, and can accept grant payments in U.S. dollars.

INELIGIBILITY

- Individuals who have a financial conflict of interest or have the potential to incur significant financial benefit from the proposed work and beyond the work itself are not eligible to apply.
- Requests to support projects that do not align with the focus of the Community Sleep Health and Public Awareness Grant (e.g., research projects) are not eligible. It is encouraged that you meet with AASM Foundation staff to ensure your project aligns with the grant program prior to application submission.
- Requests to support ongoing operational aspects of existing programs or requests for projects that do not meaningfully expand existing programs are not eligible to apply.
- Current AASM and AASM Foundation Board of Directors members are not eligible to apply and cannot be listed as a project leader or project team member during their term on the Board and for one year after their term ends.

Note: In rare instances, AASM and AASM Foundation Board members may serve as unpaid consultants on an application, however, this requires Executive Committee approval prior to submitting the application.

- Individuals and organizations located in, or operating from, countries subject to [U.S. Office of Foreign Assets Control sanctions](#) are not eligible to receive AASM Foundation funding.

FUNDING OPPORTUNITY DESCRIPTION

The Community Sleep Health and Public Awareness Grant provides funding for a wide range of projects and initiatives dedicated to addressing sleep health needs in local, national, or global communities. The Community Sleep Health and Public Awareness Grant will support targeted programs and initiatives that promote healthy sleep and increase accessibility to sleep disorder evaluation and treatments among the communities in which we live, learn, work, and play.

Project Focus

The Community Sleep Health and Public Awareness Grant is open to humanitarian, education, or awareness projects that focus on improving sleep health, sleep disorder evaluation and/or treatment in the community. Projects that target underserved or disadvantaged groups are especially of interest for the Community Sleep Health and Public Awareness Grant.

Projects may focus on, but are not limited to:

1. Humanitarian service projects that are intended to improve sleep health in underserved or disadvantaged groups.
2. Development, expansion and/or dissemination of public and/or patient education resources or awareness campaigns (e.g., [AASM sleep education resources](#), [AASM Sleep is Good Medicine](#) campaign, new resource development) to promote healthy sleep and highlight sleep as a pillar of health.
3. Implementation of evidence-based sleep disorders evaluation (for individuals at high risk for sleep disorders), diagnosis, interventions, or local community models for care for people with sleep disorders.

Project Duration

These projects can be one-time engagements or longitudinal projects that are up to 2 years in duration.

FUNDING INFORMATION

The Community Sleep Health and Public Awareness Grant is organized into two categories:

- Category I is for those applicants seeking funding for projects up to \$50,000 (includes direct and indirect costs) and covers a project period of up to 2 years.
- Category II is for those applicants seeking funding for projects up to \$25,000 (includes direct and indirect costs) and covers a project period of up to 1 year.

There are no restrictions on the distribution of expenses, however, indirect costs are capped at 8%. The grant is issued as a contract between the AASM Foundation and the grantee's organization. A sample contract can be found [here](#).

This AASM Foundation grant is supported by AASM Foundation general funds.

REVIEW CRITERIA AND PROCESS

A grant review committee appointed by the AASM Foundation Executive Committee will evaluate and score all submitted applications. Factors that will be taken into consideration include:

1. **Need and Impact:** The need for the project is justified and the potential of the project to positively impact sleep health on a targeted population, with consideration of the proposed timeframe (one-time, short-term, long-term), is specified.
2. **Project Plan and Evaluation:** Project plan clearly outlines the goals; the plan is well-reasoned and appropriate to achieve goals of the project. Project benchmarks and plan

for measuring the impact of the project are clearly defined and appropriate. If a long-term project, evaluation of sustainability is defined.

- 3. Dissemination:** There is a plan in place, during the project period or after the project concludes, for how the knowledge gained, content developed, and/or the project framework will be disseminated to create awareness, encourage reproducibility, or spur expansion of the initiative to local, national or global key audiences.
- 4. People and Resources:** Expertise and experience of the people working on this project, the value they bring to the project, and resources they have access to will ensure project success.

Only materials submitted within the application will be used in the evaluation of applications. The AASM Foundation Executive Committee will make the final funding decisions based on the review committee scores.

PAYMENT SCHEDULE

Payment #1 – Upon execution of contract	90%
Payment #2 – Upon receipt and approval of Final Report	10%

If unique circumstances are explained in the budget justification of the applicant’s proposal, the Executive Committee will consider requests for an alternate payment schedule, with a maximum variance of 10%.

Note: Once a contract is executed for the grant, reallocation of funds of <10% do not require approval.

DELIVERABLES AND EXPECTED OUTCOMES

Outcomes are an essential component of this grant. All proposals must identify the goals and appropriate outcome measures of the project. The outcomes should align with the goals and objectives stated in the applicant’s proposal for this grant. As such, the following deliverables are required:

- The applicant must address the specific aims outlined in the submitted application. Any major modification(s) require AASM Foundation Board of Directors or Executive Committee approval.
- The AASM Foundation expects that the funded project knowledge gained, content developed, or project framework will be disseminated during the project period, or shortly after project completion. The project team should disseminate the project content and findings as described in the project dissemination plan. This can be done

through various dissemination avenues, examples of which can be found in the [Community Sleep Health and Public Awareness Grant – Dissemination Guide](#).

- The applicant must submit progress and final reports during the project period, describing project activities and results, by the deadlines outlined in the Reporting Schedule below. Failure to submit reports per the established schedule will result in withholding grant payments from the sponsoring organization and the grant recipient becoming ineligible to apply for future AASM Foundation funding until all outstanding reporting is up to date.

REPORTING SCHEDULE

Category I Grants	
Progress Report	12 months
Final Report	Within 90 days of period of performance end

Category II Grants	
Progress Report	6 months
Final Report	Within 90 days of period of performance end

The due dates for progress and final reports are established after a grant contract is executed between AASM Foundation and sponsoring organization.

APPLICATION

Step 1: AASM Foundation Grant Request registration

To apply for this grant, you must register on AASM Foundation [Online Portal](#). Please refer to the [AASM Foundation Application User Guide](#) for guidance on creating an account.

Step 2: Complete Application

[ACCESS THE 2025 COMMUNITY SLEEP HEALTH AND PUBLIC AWARENESS GRANT APPLICATION](#)

Applications must be completed and submitted through AASM Foundation [Online Portal](#). Instructions for required forms are available via the online submission system. The Application Checklist below shows required attachments to be uploaded. For an overview of the information that is requested on the application form, please download the [Community Sleep Health and Public Awareness Grant Application Outline](#) and [Proposal Template](#).

The AASM Foundation reserves the right to reject applications if they are incomplete or do not align with the grant program's intended purpose.

APPLICATION CHECKLIST

Form	Page/Word Limit
<input type="checkbox"/> Project Information	
<input type="checkbox"/> Organization Information A. International: Proof of NGO, Charitable, Non-profit Status	
<input type="checkbox"/> Authorized Representative	
<input type="checkbox"/> Project Proposal	3 pages, excluding references
<input type="checkbox"/> Budget	2 pages
<input type="checkbox"/> Project Team A. Project leader CV, resume, or biosketch B. Project team members CV, resume, or biosketch	Up to 5 pages per individual
<input type="checkbox"/> Letters of Support A. Collaborating organization letter of support (if applicable) B. Additional letters of support (optional)	1 page each

GRANT QUESTIONS

Frequently asked questions for our grant programs can be found [here](#).

We encourage potential applicants to contact us early in the application process with questions. Eligibility questions may need to be reviewed by a member of the AASM Foundation Executive Committee, so please allow for at least a 1-week response time for eligibility questions. For all other inquiries, please allow a minimum of two business days for a response. Please note that inquiries submitted two business days prior to an application deadline may not be answered in time.