

SLEEP 101 SYMPOSIUM

Unlocking the Power of Circadian Biology and Chronomedicine

The Sleep 101 Symposium highlights advances and opportunities in sleep and circadian science and research to the sleep and circadian community, and federal research funding representatives.

OCTOBER 16, 2024
1:00 – 3:00PM EDT

FEATURED PRESENTATIONS

[Register for the Sleep 101 Symposium](#)



Circadian Biology

MATTHEW BUTLER, PHD
*Oregon Health and Science
University School of Medicine*



Chronomedicine

NOUR MAKAREM, PHD, FAHA
Columbia University



Circadian Medicine

SABRA M. ABBOTT, MD, PHD
*Northwestern Feinberg
School of Medicine*

Moderated by Shilpy Dixit, PhD

*National Center on Sleep Disorders Research
at the National Heart, Lung and Blood Institute*

LIVE Q&A
with the Speakers

Sleep 101 Symposium is a joint effort of the American Academy of Sleep Medicine, National Heart, Lung, and Blood Institute - National Center on Sleep Disorders Research and Sleep Research Society.

