

# Sleep Grand Rounds:

Sleep-related Attention Bias in Older Adults:  
Impact of Insomnia Symptoms and Sex

May 8, 2024 | 1:00 – 1:45 EDT

This free sleep grand rounds lecture will feature the work Dr. Ashley Curtis completed as part of her AASM Foundation grant titled **Sleep-related Attention Bias in Older Adults: Impact of Insomnia Symptoms and Sex**.

Attendees will learn about:

- Insomnia in older adults
- Cognition and sleep
- Sleep differences

If you have any questions about the AASM Foundation or our programs, please email us at [foundation@aasm.org](mailto:foundation@aasm.org) or call 630.737.9724.



**Ashley Curtis, PhD**

*The American Academy of Sleep Medicine (AASM) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. AASM designates these activities for AMA PRA Category 1 Credits™.*

*AASM Foundation Grand Rounds: Sleep-related Attention Bias in Older Adults: Impact of Insomnia Symptoms and Sex - Maximum of .75*

*The AASM will issue all other non-physicians a letter of attendance for activities designated for AMA PRA Category 1 Credits™.*

*Physicians and all other participants should claim only the credit commensurate with the extent of their participation in the activity.*

**AASM Foundation webinars are  
free and open to everyone.**

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