

Young Investigators Research Forum 2023 Program

VIRTUAL KICK-OFF MEETING
March 2023
Presentation Title
Welcome and Getting the Most Out of the Young Investigators Research Forum 2023
The NIH Review Process
Specific Aims Do's and Don'ts
Refining your NIH Biosketch
Q&A

ON-DEMAND WEBINARS
Presentation Title
Faculty Elevator Pitches
How AASM Foundation Funding Can Jumpstart and Sustain Your Research Career
Foundations and Other Funding Sources to Support your Research
Sleep Funding Mechanisms at the US Department of Veteran Affairs
Sleep Funding Mechanisms at the Agency for Healthcare Research and Quality
Sleep Funding Mechanisms at the Patient-Centered Outcomes Research Institute
Sleep Funding Mechanisms at the National Institutes of Health

IN-PERSON AT THE BETHESDAN HOTEL April 26, 2023
Trainee and Faculty Networking Lunch
Young Investigators Research Forum 2023 In-Person Kick-Off
Opening Remarks
Welcome and Intro to Aspects of Being a Good Scientist
Aspects of Being a Good Scientist Presentations
Getting the Most Out of the Mentor/Mentee Relationships
Diversity and Inclusion in Sleep Research
Navigating the (bumpy) Path to Early Career Awards
How to Give a Great Talk

April 27, 2023
Overview of Funding Agency Day and Grant Proposal Blitz
Funding Agencies Presentations and Meetings
Update on National Institutes of Health Policies
National Institutes of Health Grant Competition
Funding Agency Short Presentations
Meet & Greet with Funding Agency Representatives Small Group Session I
Meet & Greet with Funding Agency Representatives Small Group Session II
Networking Lunch
Grant Proposal Blitz: Specific Aims Small Groups
Grant Proposal Blitz Group 1
Grant Proposal Blitz Group 2
Grant Proposal Blitz Group 3
Grant Proposal Blitz Group 4
Break
Off-site Networking Dinner
APRIL 28, 2023
Overview of Mock Grant Review Session and The Academic Environment
Mock Grant Review Session Small Groups
Mock Grant Review Session Study Section A
Mock Grant Review Session Study Section B
Mock Grant Review Session Study Section C
Mock Grant Review Session Study Section D
Break
The Academic Environment Presentations
Negotiating for an Academic Position
Importance of How and When to Say No

Thriving in Academia

**VIRTUAL EDITOR PANEL
May 2023**

Editor Panel: Wise Advice from Sleep Research Journal Editors

**VIRTUAL INCLUSIVE LEADERSHIP WORKSHOP
May 2023**

Inclusive Leadership Workshop

**IN PERSON AT SLEEP 2023 (INDIANAPOLIS, IN)
June 2023**

**Young Investigators Research Forum and Sleep Research Program for Advancing Careers
Networking Mixer Lunch**