

2022-2023 SOAR Mentor

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Dr. Buysse is the UPMC Endowed Chair in Sleep Medicine and Professor of Psychiatry and Clinical and Translational Science at the University of Pittsburgh School of Medicine. He received his medical degree from the University of Michigan and completed his residency and fellowship training at the University of Pittsburgh. His research focuses on the assessment, pathophysiology, and treatment of insomnia; the interactions between sleep and circadian rhythms; behavioral interventions for sleep; and the impact of sleep on health.

Dr. Buysse has received research funding from the National Institute of Mental Health (NIMH), the National Institute on Aging (NIA), the National Heart, Lung, and Blood Institute (NHLBI), the National Institute on Drug Abuse (NIDA), and the National Center for Advancing Translational Science (NCATS). He is Principal Investigator or Co-Investigator on 15 active federally-funded research projects (NIH, PCORI), and over 50 previously-funded research project grants. He has chaired and served on multiple study sections and advisory committees at the National Institutes of Health (NIH).

Dr. Buysse has published over 400 peer-reviewed articles and over 100 book chapters or review articles. He is Past President of the American Academy of Sleep Medicine, and past member of the Sleep Research Society Board of Directors. Dr. Buysse is a recipient of the Nathaniel Kleitman Distinguished Service Award from the American Academy of Sleep Medicine, the Mary A. Carskadon Outstanding Educator Award from the Sleep Research Society, and the Peter Hauri Career Distinguished Achievement Award from the Society of Behavioral Medicine.