

2022-2023 SOAR Fellow
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Dr. Emily Hokett's research background is in psychology, neurobiology, and cognitive neuroscience. Her research interest is understanding why certain people have more favorable outcomes than others. As an undergraduate, she examined individual differences that contributed to depressive symptomology. For her graduate research, she investigated relationships among sleep quality, memory, aging, and race/ethnicity. She is currently assessing psychosocial factors that may explain age and race/ethnicity-related disparities in sleep quality that may also impact poorer memory for past events.