

2022-2023 SLEEP RESEARCH PROGRAM FOR ADVANCING CAREERS CURRICULUM

2022	2023
AUGUST 2022 <ul style="list-style-type: none"> • SOAR Kick-Off Meeting August 2, 2022 at 3:00 – 4:00 pm ET • Fellow/Mentor First Meeting – Goal Setting and Agreement • Lecture 1: Specific Aims August 16, 2022 at 3:00 – 4:00 pm ET 	JANUARY 2023 <ul style="list-style-type: none"> • Mid-Year SOAR Survey • SOAR Progress Report #1
SEPTEMBER 2022 <ul style="list-style-type: none"> • Lecture 2: Individual Components of a Research Plan September 13, 2022 at 3:00 – 4:00 pm ET 	FEBRUARY 2023 <ul style="list-style-type: none"> • Lecture 5: Mentoring Plan and Transitioning to Independence February 21, 2023 at 3:00 – 4:00 pm ET
OCTOBER 2022 <ul style="list-style-type: none"> • Lecture 3: Candidate Background and Professional Identity October 18, 2022 at 3:00 – 4:00 pm ET 	MARCH 2023 <ul style="list-style-type: none"> • Lecture 6: Budget Basics March 21, 2023 at 3:00 – 4:00 pm ET
NOVEMBER 2022 <ul style="list-style-type: none"> • Peer-to-Peer Virtual Forum #1 November 1, 2022 at 3:00 – 4:00 pm ET • Lecture 4: Individual Development Plan November 15, 2022 at 3:00 – 4:00 pm ET 	APRIL 2023 <ul style="list-style-type: none"> • Lecture 7: The Biosketch and Your Career Goals April 18, 2023 at 3:00 – 4:00 pm ET
DECEMBER 2022 <ul style="list-style-type: none"> • 2022 SOAR Grant Writing Symposia in Miami, FL: December 9-11, 2022 • Submission of a SLEEP 2023 Abstract 	MAY 2023 <ul style="list-style-type: none"> • Lecture 8: Summary Statement and Preparing to Resubmit May 16, 2023 at 3:00 – 4:00 pm ET • Leadership Training Date and time to be announced
	JUNE 2023 <ul style="list-style-type: none"> • SLEEP 2023 in Indianapolis, IN: June 3-7, 2023 • SOAR End of Year Survey • SOAR Final Progress Report

All activities are to take place online, unless indicated otherwise. Dates are subject to change.