

2022-2023 SLEEP RESEARCH PROGRAM FOR ADVANCING CAREERS CURRICULUM

AUGUST 2022

- SOAR Kick-Off Meeting
August 2, 2022 at 3:00 – 4:00 pm ET
- Fellow/Mentor First Meeting – Goal Setting and Agreement
- Lecture 1: Specific Aims
August 16, 2022 at 3:00 – 4:00 pm ET

SEPTEMBER 2022

- Lecture 2: Individual Components of a Research Plan
September 13, 2022 at 3:00 – 4:00 pm ET

OCTOBER 2022

- Lecture 3: Candidate's Background Document/Personal Statement
October 18, 2022 at 3:00 – 4:00 pm ET

NOVEMBER 2022

- Peer-to-Peer Virtual Forum #1
November 1, 2022 at 3:00 – 4:00 pm ET
- Lecture 4: Individual Development Plan
November 15, 2022 at 3:00 – 4:00 pm ET

DECEMBER 2022

- 2022 SOAR Mid-Year Grant Writing Symposia in Miami, FL: December 9-11, 2022
- Submission of a SLEEP 2023 Abstract

JANUARY 2023

- Mid-Year SOAR Survey
- SOAR Progress Report #1

FEBRUARY 2023

- Lecture 5: Mentoring Plan
February 21, 2023 at 3:00 – 4:00 pm ET

MARCH 2023

- Lecture 6: Budget Basics
March 21, 2023 at 3:00 – 4:00 pm ET
- Leadership Training
Date and time to be announced

APRIL 2023

- Lecture 7: Career Goals and Objectives
April 18, 2023 at 3:00 – 4:00 pm ET

MAY 2023

- Lecture 8: Summary Statement and Preparing to Resubmit
May 16, 2023 at 3:00 – 4:00 pm ET

JUNE 2023

- SLEEP 2023 in Indianapolis, IN: June 3-7, 2023
- SOAR End of Year Survey
- SOAR Final Progress Report

All activities are to take place online, unless indicated otherwise. Dates are subject to change.