

Young Investigators Research Forum 2022

ISSUE DATE:	September 27, 2021
APPLICATION DUE DATE:	November 8, 2021 by 11:59 pm ET
SELECTION NOTIFICATION:	By January 31, 2022
FORUM DATES AND VENUE:	April 20 – 22, 2022 The Bethesda Hotel 8120 Wisconsin Avenue Bethesda, MD 20814
AMOUNT OF FUNDING:	Selected Young Investigators Research Forum trainees will be provided: <ul style="list-style-type: none"> • A travel scholarship that includes travel and lodging funded by the AASM Foundation or SRS Foundation to the in-person Young Investigators Research Forum 2022 in Bethesda, MD. • A \$500 travel credit to use towards travel/lodging to the SLEEP 2022 annual meeting in Charlotte, North Carolina funded by the AASM Foundation.
LINK TO APPLICATION:	https://www.grantrequest.com/SID_5880?SA=SNA&FID=35095
CONTACT:	AASM Foundation 2510 N. Frontage Road Darien, IL 60561 Phone: 630-737-9724 E-mail: foundation@aasm.org

In an effort to expand the field of sleep medicine with highly qualified researchers that will lead breakthrough discoveries in circadian science and sleep research, the AASM Foundation is committed to the growing and supporting the pipeline of sleep scientists

by investing in the research careers of new investigators through mentorship and grant writing skills opportunities.

The Young Investigators Research Forum is a research training program designed to aid the career development of promising early career investigators in circadian and sleep research by providing opportunities to network with senior sleep investigators, exposure to federal and foundation funding agencies and sleep funding mechanisms, refine their research ideas, and guidance to thrive in an academic sleep research career.

PURPOSE

The Young Investigators Research Forum is aimed at providing guidance, tactics, and strategies to better position early career investigators for a successful career in circadian and sleep research. The aims are to:

- Foster the pursuit of circadian and sleep research in early career investigators who are committed to focusing their research in basic, translational, clinical or population sleep and circadian science.
- Disseminate vital information required for pursuing a research career in circadian and sleep science.
- Serve as a primer for obtaining grant funding.
- Provide an opportunity to network and establish extramural research mentorship.

The Young Investigators Research Forum will provide an opportunity for collegial interaction among early career investigators and established senior investigators across the broad spectrum of basic, translational, clinical and population sleep and circadian science, as well as with scientific and program officers from federal funding agencies.

LEARNING OBJECTIVES

Upon completion of the Young Investigators Research Forum, trainees will be able to:

- Understand how to build a successful career in sleep research, including how to foster collaborations and develop mentorship relationships.
- Understand the policies and various mechanisms for sleep research funding.
- Gain insight on the grant peer review structure and process.
- Further develop specific aims for a grant proposal.

PROGRAM

The Young Investigators Research Forum consists of didactic presentations, workshops, and small group sessions covering scientific writing and stewardship, opportunities for funding and collaboration, navigating the academic environment, and networking. As

active participants, early career investigators will have the opportunity to present their current research, provide feedback on each other's research proposals and review a grant.

The Young Investigators Research Forum is held in-person with webinars done prior to and after the 3-day in-person meeting at Bethesda, Maryland. The Young Investigators Research Forum 2022 agenda can be found below. The program is subject to change as plans for the research forum are finalized.

Young Investigators Research Forum 2022

FUNDING INFORMATION

Selected Young Investigators Research Forum trainees will be provided a travel scholarship that includes travel and lodging funded by the AASM Foundation to the in-person Young Investigators Research Forum 2022 in Bethesda, MD. This year, the SRS Foundation is underwriting a portion of the travel scholarships for the Young Investigators Research Forum 2022.

Additionally, selected Young Investigators Research Forum trainees will receive a \$500 travel credit to use towards travel/lodging to the SLEEP 2022 annual meeting in Charlotte, North Carolina funded by the AASM Foundation.

The AASM Foundation Young Investigators Research Forum 2022 is supported by Avadel Pharmaceuticals.

ELIGIBILITY

The following individuals are eligible to apply:

- Physicians (MD or DO) who are board-eligible or board-certified in sleep medicine by a member board of the American Board of Medical Specialties or American Osteopathic Association and have completed their sleep medicine fellowship within the past 10 years, or who are currently enrolled in an ACGME-accredited sleep medicine fellowship program are eligible to apply.
- Researchers (PhD or other similar doctoral degree) who are within 10 years of completing their post-doctoral training or who are currently post-doctoral fellows.
- Must be members of the American Academy of Sleep Medicine and/or Sleep Research Society.

INELIGIBILITY

The following individuals are NOT eligible to apply:

- Individuals who have received a federal career development grant (NIH K grant, VA Career Development Grant, or equivalent), or independent research funding (NIH RO1 or equivalent) at the time of application.
- Individuals who are at an institution outside of the United States.

REVIEW CRITERIA AND PROCESS

The AASM Foundation Research Career Development Committee will evaluate and score all submitted applications. Factors that will be taken into consideration include:

- 1. Contribution to Science:** Clear commitment to an academic sleep research career through publication and project efforts, and training to date.
- 2. Specific Aims:** Current or planned research is scientifically sound.
- 3. Career Plan:** Focused future career goals in sleep research.
- 4. Mentoring Plan and Needs:** Appropriate mentors are identified, and plan will help fill gaps in knowledge, skillset, and abilities. If no mentors are identified, the plan clearly outlines strategies for acquiring mentorship and support for filling gaps in knowledge, skillset, and abilities.
- 5. Appropriateness:** How participation in the Young Investigators Research Forum will enhance the applicant’s career trajectory in circadian and sleep research.

APPLICATION

Step 1: AASM Foundation Grant Request registration

To apply for the Young Investigators Research Forum, you must register on [AASM Foundation Grant Request](#). Please refer to the [AASM Foundation Grant Request User Access Guide](#) for guidance on setting up an account. For an overview of the information that is requested on the application form, please view the [Young Investigators Research Forum 2022 Application Outline](#).

Step 2: Complete application

[ACCESS THE YOUNG INVESTIGATORS RESEARCH FORUM APPLICATION 2022](#)

Application Checklist

Form	Page/Word Limit
<input type="checkbox"/> Face page A. Applicant	

<input type="checkbox"/> Biographical Sketch A. Personal Statement B. Positions and Honors C. Contribution to Science D. Research Support	5 pages, max
<input type="checkbox"/> Specific Aims Page	1 page, excluding references
<input type="checkbox"/> Career Plan	2 pages
<input type="checkbox"/> Mentoring Plan and Needs	2 pages
<input type="checkbox"/> Letters of Support A. Current or former mentors B. Department chair or fellowship director	A. 1 page per letter

QUESTIONS

We encourage potential applicants to contact us early in the application process with questions. Eligibility questions may need to be reviewed by a member of the AASM Foundation Executive Committee, so please allow for at least a 1-week response time for eligibility questions. For all other inquiries, please allow a minimum of two business days for a response. Please note that questions received within 48 hours of an application deadline may not be answered before the deadline.

Young Investigators Research Forum 2022 Program

VIRTUAL KICK-OFF MEETING March 22, 2022 2:00 PM – 4:30 PM

Time	Presentation Title	CME hours
2:00 PM	Welcome and Getting the Most Out of the Young Investigators Research Forum 2022	-
2:15 PM	The NIH Review Process Susan Redline, MD, MPH, Harvard University	0.5
2:45 PM	Specific Aims Do's and Don'ts Amita Sehgal, PhD, University of Pennsylvania	0.5
3:15 PM	Refining your NIH Biosketch James McKenna, PhD, Harvard Medical school, VA Medical Center	0.5
3:45 PM	Q&A	-

ON-DEMAND WEBINARS

Presentation Title	CME hours
Faculty Elevator Pitches	-
How AASM Foundation Funding Can Jumpstart and Sustain Your Research Career Vanessa Gonzalez, MPH, AASM Foundation	-
Foundations and Other Funding Sources to Support your Research Suzanne Bertisch, MD, MPH, Harvard University	0.5
Sleep Funding Mechanisms at the US Department of Veteran Affairs	0.5
Sleep Funding Mechanisms at the Agency for Healthcare Research and Quality	0.5
Sleep Funding Mechanisms at the National Science Foundation	0.5
Sleep Funding Mechanisms at the National Institutes of Health	0.5

IN-PERSON AT THE BETHESAN HOTEL

April 20, 2022

1:00 PM – 9:00 PM

Time	Presentation	CME hours
12:00 pm	Trainee and Faculty Networking Lunch	
Young Investigators Research Forum 2022 In-Person Kick-Off		
2:00 pm	Opening Remarks	
2:05 pm	Welcome and Intro to Aspects of Being a Good Scientist	
Aspects of Being a Good Scientist		
2:15 pm	Getting the Most Out of the Mentor/Mentee Relationships Indu Ayappa, PhD, Icahn School of Medicine at Mount Sinai	0.5
2:45 pm	Diversity and Inclusion in Sleep Research Carmela Alcántara, PhD, Columbia University	0.5
3:15 pm	Navigating the (bumpy) Path to Early Career Awards Jonathan Lipton, MD, PhD, Harvard University	0.5
3:45 pm	How to Give a Great Talk Kenneth P. Wright, Jr., PhD, University of Colorado - Boulder	0.5
15-minute Break		
4:30 pm	Trainee Elevator Pitches	
Networking		
7:00 pm	Preparing for Federal Funding Agency Day	
7:05 pm	Academic Career Q&A & Dinner	

April 21, 2022
7:30 AM – 9:00 PM

Time	Presentation Title	CME hours
Continental Breakfast Starts at 7:00 am		
7:45 AM	Overview of Federal Funding Agency Day and Grant Proposal Blitz	
Federal Funding Agencies		
8:00 AM	Update on National Institutes of Health Policies	0.5
8:30 AM	National Institutes of Health Grant Competition	0.5
15-minute Break		
9:00 AM	Federal Funding Agency Short Presentations	
11:00 PM	Meet & Greet with Federal Funding Agency Representatives Small Group Session I	
11:30 PM	Meet & Greet with Federal Funding Agency Representatives Small Group Session II	
Networking Lunch Starts at 12:00 pm		
Grant Proposal Blitz: Specific Aims Presentation		
	Grant Proposal Blitz Group 1	
1:00 PM	Grant Proposal Blitz Group 2	3.0
	Grant Proposal Blitz Group 3	
	Grant Proposal Blitz Group 4	
Break at 4:00 pm		
Off-site Networking Dinner (6:00 – 8:00 pm)		

APRIL 23, 2022
7:00 AM – 1:00 PM

Time	Presentation	CME hours
Continental Breakfast Starts at 7:00am		
7:45 AM	Overview of Mock Grant Review Session and The Academic Environment	Not applicable
Mock Grant Review Session		
8:00 AM	Mock Grant Review Session Study Section A	2.25
	Mock Grant Review Session Study Section B	

Mock Grant Review Session Study Section C

Mock Grant Review Session Study Section D

15-minute Break		
The Academic Environment		
10:45 AM	Negotiating for an Academic Position Phyllis Zee, MD, PhD, Northwestern University	0.5
11:15 AM	Importance of How and When to Say No Sairam Parthasarathy, MD, University of Arizona	0.5
11:45 AM	Thriving in Academia M. Safwan Badr, MD, MBA, Wayne State University	0.5
12:15 PM	Recap and Upcoming Events	
12:30 PM	Adjourn and Travel Back Home	

**VIRTUAL EDITOR PANEL
May 2022**

Editor Panel: Wise Advice from Sleep Research Journal Editors

**VIRTUAL INCLUSIVE LEADERSHIP WORKSHOP
May 2022**

Inclusive Leadership Workshop

**IN PERSON AT SLEEP 2022 (CHARLOTTE, NC)
June 5, 2022**

**Young Investigators Research Forum and Sleep Research Program for Advancing Careers
Networking Mixer Lunch at SLEEP 2022**