

2021-2022 SOAR Fellow
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Dr. Mullins completed her PhD in 2018 at The University of Sydney and the Woolcock Institute of Medical Research. She has a Bachelor of Science in Neuroscience and Psychology from The University of Western Australia and a Diploma in Health Administration from Curtin University. She is also a Registered Polysomnographic Technologist (RPSGT) and has worked in sleep, neurology and cardiology since 2003. Her current research activities include investigating the relationship between sleep disruption, sleep apnea, memory and risk of Alzheimer's disease via brain and biological-based biomarkers. Her general research interests include using complex analysis of sleep/wake physiology to facilitate a deeper understanding of circadian biology and behavior in sleep-

disordered populations and neurodegeneration.