

**2020-2021 SOAR Fellow**  
**Sonya S. Kaur, PhD**  
**Instructor of Neuropsychology, University of Miami Miller School of Medicine**  
[ssk109@med.miami.edu](mailto:ssk109@med.miami.edu)



Dr. Kaur currently serves as an Instructor in the Division of Neuropsychology and Cognitive Neuroscience at the University of Miami Miller School of Medicine. She is a licensed clinical neuropsychologist with prior research training in the neural consequences of metabolic syndrome. Additionally, she is a graduate of the Young Investigator's Research Forum, and has an active research interest in examining the efficacy of sleep interventions on cognitive and neurobiological correlates of mild cognitive impairment, Alzheimer's disease and other forms of dementia.