

FEBRUARY 2021 VIRTUAL (0.5 hours pre-recorded; 2 hours live)		
<i>Official Kick-Off</i>		
Date and Time	Presentation Title	CME hours
Pre-Recorded Presentation	The NIH Review Process	0.5
February Virtual Meeting (TBD)	Opening Remarks	Not applicable
	Welcome and Getting the Most Out of the YIRF	Not applicable
	Specific Aims Do's and Don'ts	0.5
	Refining Your NIH Biosketch	0.5
	Debrief and Q&A	Not applicable

MARCH 2021 VIRTUAL (2 hours live)		
<i>Writing and Submitting a Scientific Paper</i>		
Date and Time	Presentation Title	CME hours
March Virtual Meeting #1 (TBD)	Editor Panel: Wise Advice from Sleep Research Journal Editors	Not applicable
Date and Time	Presentation Title	CME hours
<i>Aspects of Being a Good Scientist</i>		
March Virtual Meeting #2 (TBD)	Welcome and Intro topic of 'Aspects of Being a Good Scientist'	Not applicable
	Getting the Most Out of the Mentor/Mentee Relationships	0.5
	Diversity and Inclusion in Sleep Research	0.5
	Navigating the (bumpy) Path to Early Career Awards	0.5
	How to Give a Great Talk	0.5

APRIL 2021 VIRTUAL (2.5 hours)		
Date and Time	Presentation	CME hours
Data Blitz and Academia Q&A		
Pre-Recorded Presentation	Sample Elevator Pitches: YIRF Faculty	Not applicable
April Virtual Meeting (TBD)	Overview of Elevator Pitches	Not applicable
	Elevator Pitches	Not applicable
	Academic Career Q&A	Not applicable

MAY 2021 VIRTUAL (3.5 pre-recorded and 3 hours live)		
Date and Time	Presentation	CME hours
Introduction to Sleep Research Funding Sources		
Pre-Recorded Presentations	Update on NIH Policies	0.5
	Sleep Funding Mechanisms at the NIH	0.5
	NIH Grant Competition	0.5
	US Department of Veteran Affairs	0.5
	Agency for Healthcare Research and Quality	0.5
	National Science Foundation	0.5
	Foundations and Other Funding Sources to Support Your Research	0.5
	How AASM Foundation Funding Can Jumpstart and Sustain Your Research Career	Not applicable
Meet & Greet with Federal Funding Agency Representatives		
May Virtual Meeting (TBD)	Overview of Federal Funding Agency Day	Not applicable
	Who's Who at Federal Funding Agencies?	Not applicable
	15-minute Break	
	Small Group Session I	Not applicable
	Small Group Session II	Not applicable

JUNE 2021 VIRTUAL MEETING (5.5 hours live)		
Grant Proposal Blitz: Specific Aims Presentations and Personal Statements		
Date and Time	Presentation	CME hours
June Virtual Meeting #1 (TBD)	Welcome and Overview of Grant Proposal Blitz	3.0
	Small Group Session (Groups 1-4)	
Date and Time	Presentation	CME hours
Mock Grant Review Session: Study Sections		
June Virtual Meeting #2 (TBD)	Welcome and Overview of Mock Grant Review Session	2.25
	Study Sections (1-4)	

JULY 2021 VIRTUAL (3 hours live)		
The Academic Environment		
Date and Time	Presentation Title	CME hours
July Virtual Meeting #1 (TBD)	Welcome and Intro Topic of 'The Academic Environment'	Not applicable
	Negotiating for an Academic Position	0.5
	Importance of How and When to Say No	0.5
	Thriving in Academia	0.5
	Certificate Ceremony and Closing Remarks	Not applicable

*Date and time for all live Young Investigators Research Forum virtual meetings will be finalized in February 2021.