

## 2020-2021 CURRICULUM

### AUGUST 2020

- Orientation Webinar for SOAR Fellows
- Training Webinar for SOAR Mentors
- Fellow/Mentor First Meeting – Goal Setting and Agreement

### SEPTEMBER 2020

- Webinar 1: Specific Aims

### OCTOBER 2020

- Webinar 2: Individual Components of a Research Plan

### NOVEMBER 2020

- Webinar 3: Candidate's Background Document/Personal Statement
- Peer-to-Peer Virtual Forum #1

### DECEMBER 2020

- Webinar 4: Individual Development Plan
- Submission of a SLEEP 2021 Abstract

### JANUARY 2021

- 2021 SOAR Mid-Year Grant Writing Retreat (Miami, FL)
- Mid-Year SOAR Survey
- SOAR Progress Report #1

### FEBRUARY 2021

- Webinar 5: Mentoring Plan

### MARCH 2021

- Webinar 6: Budget Basics
- Peer-to-peer Forum #2

### APRIL 2021

- Webinar 7: Career Goals and Objectives

### MAY 2021

- Webinar 8: Summary Statement and Preparing to Resubmit

### JUNE 2021

- SLEEP 2021 (Seattle, WA)
- SOAR End of Year Survey
- SOAR Final Progress Report