

Young Investigators Research Forum

Application Checklist

Form	Page/Word Limit
<input type="checkbox"/> Face page A. Applicant B. Institution C. Mentor(s)	
<input type="checkbox"/> Biographical Sketch A. Personal Statement B. Positions and Honors C. Contribution to Science D. Research Support	5 pages, max
<input type="checkbox"/> Research Plan and Goals A. Abstract B. Research Plan and Goals	A. 200 words, max B. 6 pages, excluding citations
<input type="checkbox"/> Career Plan	2 pages, excluding citations
<input type="checkbox"/> Mentorship A. Mentoring plan B. Mentor letter(s) of support	A. 2 pages, excluding citations B. 1 page per letter

2019 Application Overview

Instructions: The applicant will upload requested documents in AASM Foundation Grant Request.

I. Face Page

Enter the applicant's information, institution, and mentor(s).

II. Biographical Sketch

Upload the applicant's biographical sketch in the NIH required format. Please use the following link to create an NIH-format Biosketch: <http://www.ncbi.nlm.nih.gov/sciencv/> (5 pages, max).

The following sections must be present in the NIH-format Biosketch:

A. Personal Statement

Briefly describe why your experience and qualifications make you particularly well-suited for a career in sleep research. (100 words, max)

B. Positions and Honors

List in chronological order previous positions, concluding with the present position. List any honors. Include present membership in any professional organizations, editorial boards, institutional or governmental boards and in particular any AASM task forces or committees.

C. Contribution to Science

We realize that YIRF applicants are early-career scientists. Applicants with one or two publications should summarize the key findings of their paper(s) and the importance for this section. Applicants with no publications should describe their efforts on other peoples' papers and projects (*e.g., I used this method, I conducted the literature review for this paper, I care for all the animals in this lab, etc.*). If an applicant has no actual research or thesis experience, he or she should describe their training to date. Include a list of your publication(s) here.

D. Research Support

List all funded ongoing and completed research projects with the source of funding, dates of funding, and title of project. Briefly indicate the overall goals of the projects and your role on the project (PI, Co-Investigator, Graduate Student, etc.). Do not include number of person months or direct costs.

III. Research Plans and Goals

A. Abstract

Include an abstract reporting results of your current study: Study Objectives, Methods, Results, and Conclusions. Abstracts for future projects or abstracts previously presented/submitted at other meetings are welcome. (200 words, max)

B. Research Plan and Goals

Present your detailed research plans and goals for a current or future project. Include a description of how the planned research addresses one or more important unanswered scientific questions related to sleep and/or sleep disorders. Your description should include the following sections

1. Background
2. Target population
3. Project environment or location(s) where activities will be performed
4. Research plan and goals (e.g. specific aims/goals, methods, timeline, expected results and deliverables, stakeholders)
5. References (not included in the page limit for this section)

IV. Career Plan

Describe future career goals and objectives, particularly as they relate to a career in sleep research. Briefly describe why your experience and qualifications make you particularly well-suited for a career in sleep research.

V. Mentorship

A. Mentoring Plan

Include a plan describing the role of the primary mentor in the research project and any additional training that will be provided. Identify co-mentors if any. This plan should include:

1. The level of experience of all mentors.
2. The research environment.
3. The skills that will be taught and knowledge to be gained.
4. The time commitment of the mentor(s), expressed as percent effort or hours dedicated to the mentee.
5. Methods that will be used to monitor the applicant's research career development and the progress of the planned research.

B. Mentor Letter(s) of Support

Provide letters of support from your primary mentor and co-mentors, if any. The letters of support from your mentor(s) should describe their commitment to providing mentorship to you during your career development.